

Stronger Together

A monthly newsletter with information to help you and your family navigate your child's educational journey.

JUNE 2024

stay tuned this summer for our first ever summer editions of the Stronger Together Newsletter

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SUMMER'S COMING!!

The school year is coming to a close, and it is time to get outside and enjoy the warm weather! FINALLY!!
Summer is just around the corner!

Take a look inside to discover community events, summer camps, teen takeovers, Indigenous Cultural Events, parent sessions, and whole lot more!





Is your child interested in Summer School? Connection For Learning (CFL) is offering two summer school paths! We have opportunities for students in Grades 2-6 and Grades 10-12, with select courses for students who have completed Grade 7. Students over 18 are also welcome!

Visit www.psd.ca for more information!

^{*}Registration closes June 2! So hurry!



City of Spruce Grove SUMMER CAMPS

















CLICK ON THE IMAGES TO TAKE YOU TO EACH WEBSITE



FUN AT THE TRI-LEISURE CENTRE!



TEEN TAKEOVER AT THE TRI-LEISURE CENTRE!!



WHEN: Saturday, May 25

WHERE: TransAlta Tri-Leisure Centre

TIME: 9:00pm - 11:00pm

COST: FREE!!!!

*pre-registration required!



TRI-LEISURE SUMMER CAMPS!!

WHEN: Multiple dates in July and August

WHERE: TransAlta Tri-Leisure Centre

TIME: choose half-day or full day camps

COST: varies

*registration now open!

*pre & post care available!

Need help with paying for sports? The Funding is available!! Your family may be eligible! KidSport Parkland:

We provide grants to help cover the costs of registration fees so that all kids aged 18 and under in Parkland can play a season of sport. Our chapter accepts applications and administers grants of up to \$350 per child/year, for kids who live in communities we serve. Click on the Kidsport Logo for more information.







WHEN: APRIL 17 TO JUNE 16, 2024

EVERY SUNDAY FROM 4 - 6 PM

LOCATION: THAT YOGA PLACE - 100 KING ST #13, SPRUCE GROVE, AB

THAT YOGA PLACE AND SKYDANCER INDIGENOUS CULTURAL CENTRE HAVE JOINED UP TO OFFER A DRUMMING GROUP WITH ELDER FOURHORSE THUNDERMAN.

THIS PROGRAM IS OPEN TO ALL AGES AND IS FREE.

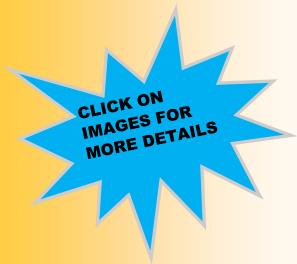
PLEASE BRING YOUR OWN DRUM OR RATTLE, BUT THEY ARE NOT NECESSARY TO ENJOY THE PROGRAM!

PRE-REGISTRATION NOT REQUIRED.

PLEASE NOTE: FILMING & TAKING PICTURES IS NOT PERMITTED DURING PROGRAM.









TEA & BANNOCK WITH AN ELDER

When: May 31 & June 28

Time: 2:00pm - 4:00pm

Where: Skydancer **Indigenous Cultural Centre and Gallery**

99 Campsite Rd

Spruce Grove





Alberta Parenting for the Future Association

JUNE SESSIONS

Contact APFA @780-963-0549 or click on the images for more information on how to register for these upcoming June Parenting sessions



Topic: Changing Problem Behavior into Positive Behavior

When: June 4 6:00pm - 8:00pm

Where: Family Connection Centre 5600-50st Stony Plain

What: Learn strategies to manage behaviors! This seminar shares why misbehavior happens, ways to encourage the behavior you want to see, and strategies to manage the behaviors you don't.

Sponsored By:

United Way



Topic: Community Kitchen

When: June 19 10:00am - 12:30pm

Where: Wabamum Community Hall 5124-53 ave

What: This Community Kitchen begins with menuplanning and budgeting, followed by hands on food safe meal preparation. At the end, all participants will take home three meals for their family!



Topic: Hanging with my Super Dad: The Great Out-

doors Edition

When: June 21 6:00pm - 9:00pm

Where: Family Connection Centre 5600-50st Stony

Plain

What: IT'S A SURPRISE! For Dads/male caregivers

and their children aged 4 and over.

*pre-registration is required

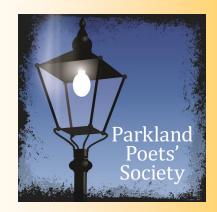




FUN AT THE LIBRARY

Stony Plain Public Library has activities for all ages and all Interests! Click on the logo to the left to be taken to their website.

Are you or your child a poet? Maybe you're a poet and you don't even know it! Check out the Parkland Poets' Society! The Library holds Open Mic Nights on the 4th Thursday of each month! Click on the image for more





Calling all chess players! Whether you're a skilled mastermind or just learning, join chess players alike every Tuesday from 5:00 - 8:00pm. All ages and skills are welcome. Click on the image for more info!

Calling all readers and book lovers! It's time for the Public Library's Annual Book Sale!! Come on down from June 20 to June 22, 12:00pm - 8:00pm and add some new novels and adventures to your personal library. Click on the image for more details!





Do you love crafts? Did you know that the Library holds a Craft Circle every Thursday from 1:00 - 3:00pm?! Join them to share your latest creation, to learn something new, or to get help with your latest project. Click on the image for more info!

MORE FUN AT THE OTHER LIBRARY



Check out the Spruce Grove Public Library for more library fun! Click on the logo to the left to go to their website! Don't forget...Summer Program Registration Opens on June 11. Secure your spot and register for your favorite programs!

Warning: this program may use products with odors! Register for this fun activity where you will make your own rainbow bath bomb and learn about rainbows and the science behind colors!





Teen Summer Reading Club Kick-off Party:
Murder Mystery Party. This fun mystery event
is for the teens in the house, ages 13-17.
Come on down and dress up in your best 80s
themed outfit. Registration is required and
spaces are limited, so don't miss out! Click on
the image for more details.

The SGPL is having their annual book sale from June 14 - June 16, from 12:00pm - 6:00pm each day! Come add some new books to your collection and as always, take what you want, pay what you can!







We will be building dog houses for Zoe's Animal Rescue! Keep an eye on our social media for more information to register!

> June 14th 4-6:00pm Stony Plain Youth Centre

Generation Celebration

Intergenerational Food and Fun!

June 7th from 4:30-6:30pm Stony Plain Seniors Centre



Coming Soon...

Summer '24 Trips

Keep an eye out for the trip and program registration to go live online! Scan the QR Code.

Local Pride Initiatives

MCHS Pride Festival

June 4th from 4:30-7:00pm

Memorial Composite High School



Town of Stony Plain - Pride Flag Raising
June 10th from 4:00-6:00pm



at an instagram

PRIDE IN THE PARK '24

JUNE 15TH FROM 10:00AM-8:00PM

ROTARY PARK - STONY PLAIN

FACEBOOK.COM/PRIDEINTHEPARKSTONYAB/



SPRUCE GROVE GSA - PRIDE DANCE.

JUNE 22TH FROM 7:00-10:00PM

@SPRUCEGROVEGSA ON INSTAGRAA

STONY PLAIN YOUTH TEAM

Volunteer Opportunities are now available for youth 11-17 yrs

Current Opportunities

ADVISORY TEAM
Want to be a part of planning Youth
Centre Events and Initiatives?

June 11th & 25th

4-6pm

EMAIL TSMITH@STONYPLAIN.COM FOR MORE INFORMATION.

Register online at stonyplain.com/youth-centre or call (780)968-3846









Get ready for a jam packed three-days of family fun! The Town of Stony Plain and the Stony Plain Kinsmen Club are excited to host the 2024 Farmers' Days Rodeo and Exhibition from May 31 through to June 2 at Heritage Park.

It's simply not summer here in Stony Plain without Farmers' Days and this event offers incredible attractions, including the rodeo, midway rides, West Parkland Gas Co-op Parade, Mayor and Council's Pancake Breakfast, Kids Korral, saloon, market, live entertainment and a variety of food vendors. The festivities will begin on Friday, May 31 with midway rides opening at 3 PM. Mayor and Council Pancake Breakfast will be hosted at the Stony Plain and Parkland Pioneer Museum on Saturday, June 1 from 7 AM to 9:30 AM. Tickets for adults cost \$2 with free entry for children under the age of five. Following the pancake breakfast, guests can ride the free shuttle downtown to catch the West Parkland Gas Co-op Parade beginning at 10 AM. The rodeo grounds will open on Saturday with the first performance scheduled for 2 PM. Tickets can be purchased at the arena gates.

SEE YOU THERE!!!





CRISIS LINES

I NEED TO TALK TO SOMEONE NOW (24H)

Distress Line 780-	482-4357(HELP)
Addiction Helpline	1-866-332-2322
Child Mental Health (8am-11:45pm) .	780-407-1000
Kids Help Phone	.1-800-668-6868
Bullying Helpline	.1-888-456-2323
BriteLine @v 2SLGBTQIA+)	1-844-702-7483
Seniors Abuse Helpline	780-454-8888
Family Violence Info Line	310-1818
Sexual Assault Centre (9am-9pm)	780-423-4121
First Nations & Inuit Mental Hea	
Hope for Wellness	.1-855-242-3310
National Indian Residential Scho	
	.1-866-925-4419
MMIWG Helpline	.1-844-413-6649

I NEED IMMEDIATE HELP Call 91

Emergency Financial Assistance 780-644-5135
Access 24/7 (Adults)
Addictions & Mental Health 780-424-2424
Child Intervention Services 780-422-2001
Children's Cottage Childcare 780-944-2888

I NEED HEALTH INFORMATION

Health Link Alberta (24/7)811

I DON'T EVEN KNOW WHERE TO START?



24-hour information and referral line connecting you to social, health and government services.



www.HelpSeeker.org
Get the app on your phone
to find local supports and
resources.

HELP FOR HARD TIMES TRI-REGION SUPPORT GUIDE

Spruce Grove FCSS #105 - 505 Queen Street Spruce Grove, AB 780-962-7618 Town of Stony Plain mmunity and Social Development #107, 4613 - 52 Avenue

780-963-8583







WHERE CAN I FIND A SAFE PLACE TO SLEEP AT NIGHT?

George Spady (men, women)
Women's Emergency
Accommodation Centre 780-423-5302
Hope Mission (ages 16+, men, women) 780-422-2018
Youth Empowerment &
Support Services (YESS)780-468-7186
Salvation Army (Transitional Housing, \$13/day)

I NEED A DOMESTIC VIOLENCE SHELTER

Alberta Council of Women's Shelters 247......1-866-331-3933

I NEED DETOX SUPPORT

George Spady	780-424-8335
AHS Detox Centre	780-427-4291
Youth Edmonton Detox	780-408-8783

I NEED A SAFE CONSUMPTION SITE

George Spady Centre......780-424-8335 Boyle McCauley Health Centre....780-422-7333

I NEED HELP WITH MENTAL HEALTH AND/OR ADDICTIONS

Access 24/7 Adult Addictions/Mental Health	780-424-2424
Youth Addiction Services	780-408-8783
Access Open Minds (youth 16-25)	780-415-0048
Child and Adolescent	
Mental Health Services	825-402-6799
WestView PCN Youth	
Mental Health Clinic (ages 11-24)	780-960-9533

I NEED HELP WITH BASIC NEEDS

NeighbourLink Parkland	780-960-9669
Community Helps Team	780-962-5611
Pay Forward Kindness	
(homeless supports)	587-286-4663
Parkland Pregnancy Sup	port Centre
(Tue & Thurs 12-3pm)	780-962-5505

WHERE CAN I FIND FOOD?

Parkland Food Bank	780-962-4565
WeCan Food Basket	587-338-1101

WHERE CAN I FIND A COMMUNITY MEAL?

Auggies Café (Take out, Tues 11AM-1PM)
131 Church Rd, Spruce Grove
Food for the Soul (†", 3" Sitt 10AM-1PM)
49 Bookfer Blvd., Stony Plain
Grace's Table (2" Fri 5-600PM)
250 Century Road, Spruce Grove
Community Table (lost Frt 5-7PM)
180 Century Road, Sprice Grove
apfa Food Rescue Community Fridge
(M-F 8:30-4PM) 5600-50 Street, Stony Plain 780-963-0549

JUNE FOOD RESOURCE CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Food for the Soul - 49 Boulder Blvd. Stony Plain 10-1pm drop in for bagged lunch
2	3	4 Auggie's Café - 131 Church Rd. Spruce Grove 11-1pm Drop in for take out bagged lunch	5	6	7	8
9	10	11 Auggie's Café - 131 Church Rd. Spruce Grove 11-1pm Drop in for take out bagged lunch	12	13	Grace's Table - 250 Century Rd. Spruce Grove 5-6:30pm hot meal to go for pick up. *need to register by noon on the Monday before. Call 780- 962-4700 or www.sgac.net/eventregis tration	Food for the Soul - 49 Boulder Blvd. Stony Plain 10-1pm drop in for bagged lunch
16	17	18 Auggie's Café - 131 Church Rd. Spruce Grove 11-1pm Drop in for take out bagged lunch	19	20	21	22
23	24	25 Auggie's Café - 131 Church Rd. Spruce Grove Drop in for take out bagged lunch	26	27	Community Table - 180 Century Rd. Spruce Grove 5-6:30pm hot meal to go for pick up. *need to register by calling 780-962-5611 or www.sgcconline.breezechms.com/forms/communitytable	29
30		https://www.vertex42.cou	n/calendars/blank-calendar.	<u>I</u>	Blank Calendar Tem	plate © 2013 Vertex42 LLC